



WISE UP WORKSHOPS

Empowering Parent Carers to succeed



February Wise Workshops



2nd- Understanding sensory processing-
Presented by Bibic @ 12.30 Cheddar & Online

4th- Autism, ADHD & Physical health -
Presented by Neurodiverse training @ 18.30 Online

5th- Sleep differences in Neurodivergent young people-
Presented by CYPNP Team @ 10am Shepton Mallet & Online

9th- Intro into SEND-
Presented by SPCF @ 12.30 Wincanton & Online

11th- Autism masking-
Presented by Platypus @ 10am Langport & Online

Book now:
www.somersetparentcarerforum.org.uk/home/wise-up-workshops/

