



FREE

COURSES FOR SEPARATED PARENTS

Reducing the impact of separation for recently separated parents: 3 week course

This shortened version of the 5 week course is for parents who have recently separated i.e. within last 12 months and want to ensure that they start their coparenting journey in the right way to reduce the impact on their children.

Course A: Wed 22, 28 April, 6 May 9:30 AM-11 AM

Course B: Wed 22, 28 April, 6 May 7 PM-8:30 PM

Reducing the impact of separation on everyone: 5 week course

A more in-depth course for any separated parent, particularly if struggling with a high conflict coparent relationship with a focus on supporting their children.

Course A: Tues 5, 12, 19 May 2,9 June 9:30 AM-11 AM

Course B: Mon 11, 18 May 1,8,15 June 7 PM-8:30 PM

More information:

Ruth James,

Reducing Parental Conflict Coordinator

ruth.james@somerset.gov.uk

For more
info & to
book:



Courses only for
Somerset parents



**Somerset
Council**